



ORDINARY DIGEST
BY AND FOR
OUR DISCIPLES

ON DEMAND
ON DISPLAY

Available from 10/1 through 10/15/10

MAGAZINE



So many of the greatest minds of my
time are wasted. No longer do we seek
to understand. No longer do we know.

WE ARE NO LONGER HUMAN

We are shit factories, processing chemicals fed to us by
profiteering corporations. Everything can be bought and
sold. Women are still property, bought and sold in advertising
and pornography. SEX SELLS. Individuality is dead. Dye your
hair blonde, get blue contact lenses and buy an Escalade.

To be non-conformist means wearing your hat backwards
and slaughtering the english language. THERE ARE NO MORE
REVOLUTIONARIES. They've traded in their courage and struggle
for an IPOD and a cheese burger, LIFE ISNT BASED ON YOUR
DECISIONS, ITS BASED ON HOW MUCH MONEY YOU HAVE.

So now GET A JOB making cheese burgers for STUPID FUCKS
driving diesel pickup trucks who SCREAM at you because
they CANT HEAR over the fucking engine and their kids in
the back crying and his BIMBO WIFE is WHINING
because she is going to miss her tanning appointments
Life is so easy to figure out...

Every day is exactly the same...

... ANOTHER HUMAN TRAGEDY

-Endless, Nameless

How do you know there's no such thing as virtue? because you read it in
encyclopedia britannica? maybe i spent 19 years in africa selling
shrunken heads for a fucking living.

IT'S NOT WHAT YOU BELIEVE, AS MUCH AS IT'S HOW YOU CAME TO BELIEVE IT.

DONT PANIC! EAT ORGANIC!

Bioengineering is a strange and conflicting term for a science that threatens the delicate and intricate structure of all life on earth. There are many food corporations, along with the /re highly paid off scientists who throw words like bioengineering and biotechnology around with pride. They are consistently preaching the many 'benefits' of this new ability to change the entire genetic make-up of an organism. 'Benefits' that they claim will include an end to world hunger, a reduction in the number of pesticides used in farming, and an increase in profit and efficiency. It is a technology that has only been around since around the late eighties (yet it has been pumped into the food supply with little or no long term health risk assessment.). Organic farmers assert (and have proven, legitimate study after study) that only organic farming can save us from

in our increase in terminal and debilitating diseases. Only the natural methods which have been tried and true for thousands of years, can feed the world. If we only supported organic farms more, and allowed them to flourish the way that nature intended, we could detoxify and clarify our environments. We need to have more insight when it comes to our one and only food chain. We need to embrace organic farming, not only for our health, but also for the health of many of generations to come. However in order to tackle the many threats of biotechnology, the actual word biotechnology itself must first be understood in its entirety. The word 'bio' which refers to life and it's interconnected nature, it is the

science of life itself. Each life form on earth relies on the next (whether they know it or not). Biology

is an uncontrollable and unpredictable science. Since all living things thrive on the nature of their reliance, to isolate, abuse or change an organism is to invite unexpected side effects. The problem with genetically modified organisms is the overall lack of long-term safety and health studies. Biotechnology has only been around since approximately 1987. With the studies being owned by large corporations, the technology began with the intention of making things 'better', or in a business perspective 'to make more money'. The word 'engineering' or 'technology' refers to the construction of a machine



hina technology is the science of a specially implemented design, made to satisfy the needs of the creator, not to serve the greater whole. (This engineered machine is not alive, it is very much dead). Although the machines that we build are fascinating and enticing, they must be handled with great caution. It would seem that as our technological intelligence grows further and further into infinite realms of the imagination, our level of ignorance increases dramatically. We too often forget about the natural technologies that live and breath all around us, the natural processes that have sustained us for thousands of years. So many of our 'breakthroughs' may have

immediate results, but they lack the foresight and ability to interconnect with our natural realities. So when the government allows a relatively untested technology called biotechnology to be released into our food supply without our knowledge, there should be cause for alarm.

m. It is an innovation that connects the science of life with the science of death. Perhaps we think we can walk in gods shoes.

WHAT CAN U DO?

★ write letters
to your political
leaders urging
them to label
GM foods

★ Eat organic

★ most people
cant afford
to buy all
organic food,
but at least
try to purchase
a few items
every time
you shop

**ITS UP TO WE,
NOT UP TO THE
U.S.: BY & 4 THE
PEOPLE? OR BY
& 4 ONLY THE
ECONOMY? IE,
SLAVERY**

B.C.'s Attorney General to her office, along with representatives from the RCMP and Vancouver Police, and given "a very clear encouragement to British Columbia, to enhance its penalties, to enhance its prosecutions, to enhance to time in which it makes those prosecutions, so that they're much more effective."

there are lots of Americans who come and go from the consulate. Once I explain that we're not anti-American, many of them say they oppose the DEA and their expansion into Canada. "I do plan to raise the Sovereignty issue both in upcoming Civic and Federal elections with or without my patron

prince's generosity and aid

selling marijuana seeds and laundering money: Michelle Rainey-Frenkarek, 34, financial agent for the Marijuana Party, and Gregory Keith

Williams, 50, both maraca close friends. I had asked Greg Williams if, like Marc, he'd had any epiphanies or revelations in pre-trial lock up. "Nobody made you their Blatch?" I kidded.

"No!" Greg answered quite seriously. "There was nothing but 'good people' there in pre-trial... nothing like that... almost all there were 'the victims of Prohibition' in one way or another. Pre-trial would have been empty and all those judges and police and politicians out of work, if it were not for Prohibition." Greg lamented, vowing to work harder that ever in creating even more Marijuana Man shows on www Pot-Tv.net and "Tell it like it is."

On the wickedly dark day of Friday July 29th 2005, the BCMP was raided by Vancouver Police Department officers acting on the behalf of the United States Department of Justice and the Drug Enforcement Administration. The arrests of BCMP



The B.C. Marijuana Party has sponsored an ongoing series of small protests in front of the U.S. consulate offices in Vancouver and is now rallying for a consulate protest on September 10th 2pm 2005.

I had been in attendance for many of the protests. One thing our two countries do have in common is that a majority of each country's population supports progressive marijuana reform. I told Cannabis Culture's Dana Larsen that

Marc Emery left pre-trial lock up when his supporters paid his \$50,000 bail. Associate Chief Justice Patrick Dohm had divided the bail into \$10,000 in cash and the rest in \$10,000 bonds. He could keep BCMP open, the magazine, the store, even pot-tv.net, but not sell seeds to support the retail activist capitalist enterprises that hemorrhage money, if not, launder it. Two other B.C pot activists could also be extradited for allegedly

The DEA maintains 78 offices in 56 countries around the world-Mexico tops the list with eight DEA offices. Most western countries have a DEA office in their capital city. Canada is now one of the few western countries with the honour of having more than two DEA offices. A January 2001 episode of CBC investigative news program, "The Fifth Estate", showed how the U.S. had put increased pressure on Canada to crack down on marijuana, including threats to shut down the border by making all Canadians register to cross, which would create massive delays and financial chaos. An RCMP spokesperson said they welcomed the new DEA office. "We work hand in glove with different U.S. agencies, whether it be the U.S. Border Patrol, DEA, FBI, all of those agencies." Washington state's Attorney General, Christine Gregoire, explained how in 1998 she had summoned

leader Marc Emery, in Halifax and BCMP Vice-President & Emery's C.E.O. Michelle Rainey and 'Marijuana Man' Greg Williams were an outrage!

Read Marc Emery's "message to you"

"We must now stand strong together as Canadians to fight this injustice. It is almost unheard of for one country to invade another and attempt to apprehend its citizens—these drastic tactics have, in the past been reserved for serial killers, not alleged seed sellers."

If he were to be extradited and prosecuted in the U.S., Marc would be given 10 years they're saying now. Or worse; a life imprisonment, under 'Drug Kingpin' legislation, for selling "over 60,000 seeds" which qualifies for a death penalty in the U.S. "The manufacture or distribution of 60,000 kilograms of marijuana, plants or seeds" all are included in the death penalty provisions of the medieval law passed by Newt Gingrich congress.

Marc would be the first person under this recent law who could qualify to be executed for the activity he has clearly done with the

everyone in Canada. "I pay \$350,000 in personal income taxes on those very seed sales. That money was gratefully recieved by the government of Canada who very well knew where it was from and did not care," he told CTV News.

While selling seeds in Canada is a criminal activity, no one has been prosecuted in about a decade, Emery's lawyer John Conroy said: "Emery believes he is just like any other Canadian, and has done nothing wrong."

The Canadian Justice Minister, Irwin Cotler had to sign an 'OK' to allow the American search warrant and arrest of these three pot patriots. These arrests are planned to be part of extradition orders against all 3 Canadians, to have them tried under the harsher more

Draconian American Laws!

Irwin Cotler, who jokes his kids watch Pot-TV.net, also attempted to tear apart Pot TV Manager Chris Bennett's family, giving families no value compared to the economy. Cotler signed an extradition order for Chris's Wife Renee Boje, mother of their 3 year old son

Shiva, sentencing her to a ten year of more prison term for allegedly watering medical marijuana plants illustrating for an AIDS patient in California.

Only once in memory has the US invaded foreign soil to go after alleged drug dealers: In 1989 President G.W. Bush ordered the U.S. military to invade and kidnap Manuel Noreiga, The president of Panama. The BCMP is calling on prominent civil rights groups and lawyers to stand against this incursion into Canadian freedoms.

This issue goes far beyond marijuana—It is a question of basic political freedom. Kirk Tousaw last provincial election

campaign manager asserts: "The U.S. targetted Emery, the President of the BCMP because, they were tired of listening to his 'arrogance' they say. "This politically motivated raid is designed to silence Marc Emery, one of North America's most prominent political activists." Says Kirk: "This infingement into

Canadian domestic policy must be stopped! Local municipalities have now been drafted as soldiers in the U.S war on the marijuana plant.

The U.S. government says that medical marijuana is a "cruel hoax" while Canada distributes bags of pot directly to patients, this public support for reform has the U.S. government worried. The raids are clearly politically motivated. Vancouver is home to dozens of seed sellers, some on the same block, yet only one—Marc Emery—is an outspoken activist for reform.

The DEA targeted Emery, according to statements from the DEA press conference, because of his

"arrogance." This is, clearly, code for his political activism. Canada must stand up to the U.S. and refuse to surrender it's sovereignty any further.

Marc was venturing off without, even, the protection of his cell phone, which he is now forbidden to have under his current bail conditions, or any protection at all in the tough Downtown East End neighborhood which he's traveled with impunity with a direct and-straight stride and chin upheld at brisk pace and now no more than fifty dollars in his pocket a day. So I tagged along and bent his ear after insisting on an

awkwardly-long hug from my hero.

The word "desensitization" gets thrown around a lot these days; our youth have become desensitized to crime and violent scenarios, along with drug and alcohol realities and sexual experiences due to a lack of emotion attached to the images we receive involving these topics. We are all full of emotionless experiences thanks to television, generations of numb minds, wandering around in a robotic confusion, waiting for something to bring some feeling back into their everyday lives. *(but of this, you should already know)* you can't teach a person everything. Some things simply have to be learned. The mind may think that it's getting its proper input of experience and information, but it is void of emotion. It is incomplete and dulling. Masses, searching for some sort of resensitization towards their surroundings.

RESENSITIZATION

Now there's a word that doesn't get thrown around all too often. Would it not be a logical step to find ways of resensitizing our desensitized? It's elementary. How could something so simple be overlooked by our advanced culture? The questions funnel towards the simple conclusion that it happened on purpose. For nothing simple is overlooked, it is merely overshadowed. Let's look at the negatives of desensitization: lack of emotion, malnourished imagination, and a lack of personal experience creating a constant hunger for stimuli. These negatives are all positive on the other side of the fence. There is no talk of resensitization because the desensitized are easier to control and they know it. It is a step towards the "optimum consumer", which I don't kid yourself - is the goal of the businessman. It is their Frankenstein if you will. So what can we do? The only way to begin resensitizing ourselves, is to realize that only we know what's best for us, and that anyone who tries to tell us - for us - is merely seeking something of ours through manipulation, that they do not deserve to have. We must learn to experience for ourselves, and form the conclusion on our own that the only way to move forward is through increased awareness, and awareness comes only from experience.

But anyways,

this is

why we

try and bleed some honest emotion onto the page.

...our zine is only hard to read because you are not used to feeling the words



We need to stop thinking of machines that we can build to solve our problems and start thinking of ways that we can use the machine that we are. Why do we require technology when we are more than able to provide for ourselves with no more than a shopping cart full of supplies and a strong intellect? It is amazing nowadays that humans possess the natural will to hunt for food.

How can we afford to live in a world where even stealing garbage is a crime? When is anything truly free?

Nutrition Facts Valeur nutritive

Per 250 mL / par 250 mL

Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	100
Fat / Lipides 0 g	0 %
Sodium / Sodium 45 mg	2 %
Carbohydrate / Glucides 27 g	9 %
Sugars / Sucres 27 g	
Protein / Protéines 0 g	

Not a significant source of saturated fat, trans fat, cholesterol, fibre, vitamin A, vitamin C, calcium or iron.

Source négligeable de lipides saturés, lipides trans, cholestérol, fibres, vitamine A, vitamine C, calcium et fer.

Get This Life Now!

Here's to sacrificing our minds to the power of free will and speech. Limiting our controversy to political conflicts and negative outlooks. Funny how bitter the response is from a local network of interacting powers, controlling the very essence of what we've succumb to understand as 'god'. We look out our fabricated windows, and pretend as if we're content, almost as if we're full of every answer to all the questions that we so see fit for our established lives.

..... you'd think we'd have more of a specifically enhanced counteraction to the workings of the populations pull, and towards what, a new and better future.

..... although our 'fiery eyes' are contouring the very likely hood of humanities growth, are we not understanding our own progressively tamed view of the antagonistic world which we're vaguely corresponding with.

..... But again, here we stand like statues for a new-moment, and we're still fragile upon the words of truth, not our own, or the people.. But those who do not speak.



"Today is no makeup day!" she declared, and left all her cosmetic products at home. Later that day they found her huddled in a corner, desperately applying white-out to her lips. Staring intently at her reflection in a puddle of muddy water.



long reply... so
other may make like

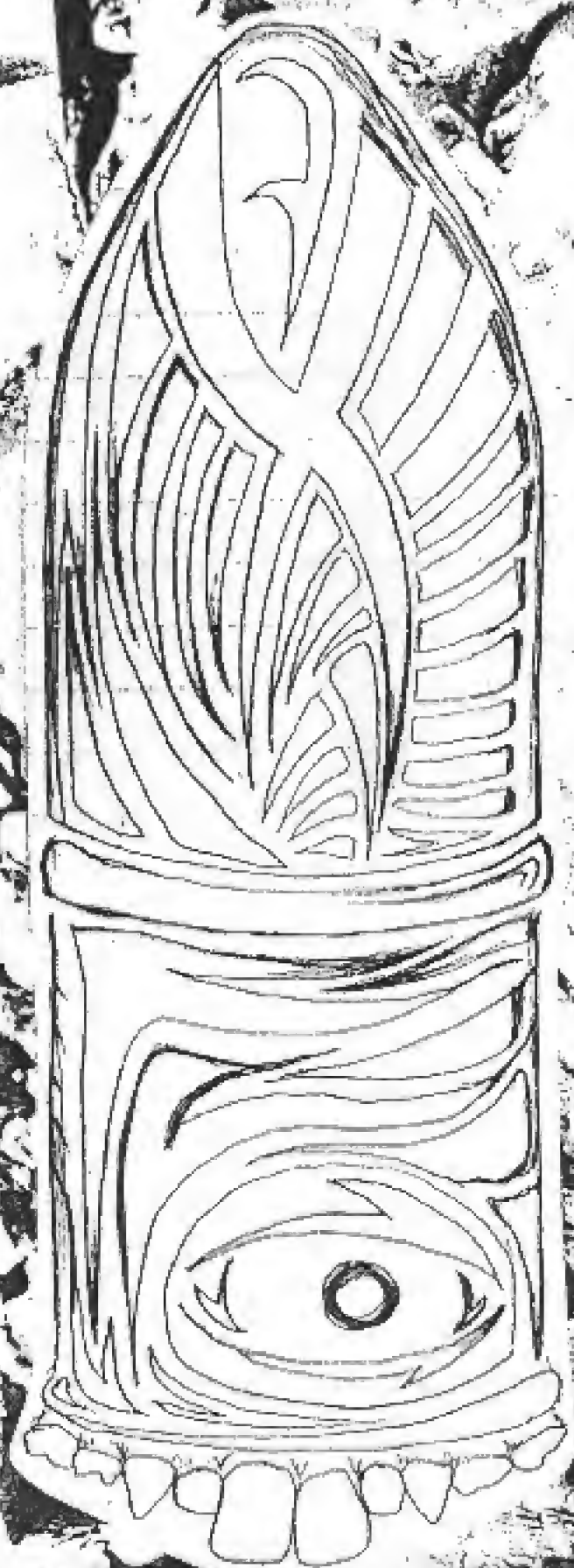
1 out of 2 men + 1 out of 3 women
are afflicted with cancer in their lifetime

well, okay, here's the thing; we're not living democratically at all. in a true democracy, the majority of registered and non-registered-but-eligible voters would have their say. as things stand right now, we're growing closer and closer to the day when that majority decides **not to vote**. unfortunately, they will not be listened to. refusal to participate in a failing system means that the system needs to change. that majority has already used their silent voice of refusal in the last u.s. election by not voting, and to no avail. **we must learn from this now.**

when this happens on our own soil, we allow in whichever party "won" with the immediate requirement to build up a proposition of changes to the system they believe the majority of its citizens would agree to. they have six months until a national vote that makes or breaks the proposition. a week later, regardless of the first vote's results, there is a re-vote on the party's leadership at all. repeat as necessary.

questions?

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THE TEMPLE OF PSYCHICK YOUTH

THIS IS YOUR BOOK HOMEWORK
JUNKIE, William S. Burroughs
TRAINSPOTTING, Irvine Welsh
FROM NAKED APE TO SUPER SPECIES
David Suzuki & Holly Dressel
THUS SPAKETH THE
IN AND OUT OF THE GARGASH PAIR
Fredericks Paris
THE CRISTINE PROPHET
James Redfield
EATING IN THE DARK, Kathleen Hart
CANNABISIA MIMICRY, Martin Dool
1984, George Orwell
SLAUGHTER HOUSE FIVE
Kurt Vonnegut Jr
THE EMERALD REALM
The National Geographic Society
BE HERE NOW, Ram Das
THE SPIRAL DANCE, Starhawk

In the beginning was the Word or so they say. And it triggered new synaptic bridges and new association. But it became well-trodden and these meanings became stale. The newness OV Synapse to explore became less frequent. The language evolved, or evolved like the main stream OV the culture it reflected. As the words were used, re-used, abused the meanings became further detached from the original spirit each word represented. So these sentences were cut-up and meaning was restored, like an old lover in new lingerie. And new words OV power were created. But the process OV creation has just begun. A word like "b-gun" triggers new associations. New associations trigger new neural paths. New Paths create new modes of thought or revive forgotten ones. It b-cums the word made flesh, perhaps literally, if the brain is bridged synaptically, if a definition for a new word takes, it could alter the structure OV your nervous system permanently. The Temple is the process of creating a jargon. This serves a number of very use-full functions, it mystifies and intimidates, as well as intriguing and attracting those unfamiliar with it. Second, by definition and repetition, it facilitates the creation OV new synaptic bridges in the brains of those who take the time to learn their meanings. To turn a paragraph OV philosophy and turn it into the Word OV Power is to create a mnemonic system which can simplify the process OV learning one's own behavior or sadly, that OV another. The jargon OV Dianetics/Scientology is a shining example. They have the human spirit with the creation OV the word, the Temple OV Psychick Youth hopes to use the same power to liberate it. To create terms for processes which actually stimulate the human brain to create new possibilities and solutions in very unconventional ways.

Lnagague is a sly dievl It can addet lveles of the mind wotnuht orthes being aware of an attack. Don't you find it a little odd that you can read like without much trouble at all, despite the horrible lyaout of the lreets? Now imagine aeltruae splingles - to wds you aeadly know - being used against you. Silbunmal pardognapa. The problem is that our minds are too avnedaed for our models of cunmomecstain. Like brayng a cotutomer to pferem shpme mlah, it's just not liacogl. It's time we gvee osterevls aroo chert, and elazic tahl a teifen purecet fludinnag brin mses is baxeeue of our slepoad slef-dubot, and the hidmng by orists Cunnomocstain out Omt, Dgiresrad.

Experimentation with Sublexical Units and the Split Fovea
(The Transposed Letters Effect, and the Lexical Neighbourhood Effect)



Important: Follow all the
indications unless otherwise
directed by prescription

The significant
problems we face
cannot be solved
at the same level
of thinking we
were at when
we created them
ALBERT EINSTEIN

